

Pennard Primary School



Relationships and Sexuality Education

Information for Parents/carers

Gwobr Ansawdd Genedlaethol
Rhwydwaith Cynlluniau Ysgolion Iach Cymru



Welsh Network of Healthy School Schemes
National Quality Award

Our school is a NQA school in the Welsh Network of Healthy Schools Scheme and as part of our curriculum offer we will be teaching Relationships and Sexuality Education in line with the Relationships and Sexuality Education (RSE) Code.

The purpose of this booklet is to provide you with information on what will be introduced to the children.

- Circle time activities
- Healthy Schools ABMU Scheme
- Christopher Winter scheme
- Story books including No Outsiders
- Spectrum
- Curriculum subjects e.g. Science, Religious Education
- NSPCC resource & visits
- Informally as opportunities arise in the classroom.

Learning Outcomes from Foundation Phase

By the end of Foundation Phase, pupils will be able to:

- The importance of friendship and what it is to be a good friend.
- Differentiate between appropriate and inappropriate touching in order for children to understand how to keep themselves safe.
- Use the correct words to name parts of the body in order to differentiate between male

and female. The terms we will be using are penis, testicles, breasts and vagina.

Learning Outcomes Years 3/4

Following a series of lessons pupils will:

- Understand the importance of their personal safety
- Understand what to do or to whom to go when feeling unsafe.
- Take increasing responsibility for keeping the mind a body safe and healthy
- Value families and friends as a source of mutual support.
- Develop respect for themselves and others.
- Understand how cultural and religious beliefs can affect the way people think.
- Respect differences and acknowledge the importance of equal opportunities.

Learning Outcomes Years 5/6

Following a series of lessons pupils will:

- Understand the range of their own and others' feelings and emotions.
- Know what to do or who to turn to when they are not feeling safe.
- Conception

Relationships and Sexuality Education (RSE) Code

The Act requires that the RSE schools provide must be developmentally appropriate for learners. This means schools and settings must take account of a range of factors including the learner's age; knowledge and maturity; any additional learning needs and anticipating their physiological and emotional development. RSE must be developmentally appropriate for each learner, meaning that learners' needs of similar ages may differ.

Introduction to a phase may be gradual: with some learning in that phase being developmentally appropriate for learners sooner than other learning.

Policy

Our Relationships and Sexuality Education Policy is available on our website. Should you need further information or wish to discuss any concerns, please contact the school

